



HEALTHY COMMUNITY ZONE WALKING ASSESSMENT FORM

INSTRUCTIONS

THE REASON FOR A WALKING ASSESSMENT

A Walking Audit is an assessment of the walkability or pedestrian access of the built environment in a community and/or targeted area. The goal of the upcoming Walking Assessments in the Healthy Community Zones is to conduct an audit on routes that have been identified as a priority in a municipal, County, or regional transportation plan to maximize the opportunities to increase physical activity and identify assets. The findings will inform strategic leverage points to implement the Healthy Community Zone Community Action Plan.

HOW TO USE THE TOOL

The Walking Assessment Form can be used for an entire corridor if the street segments are similar. In a situation where a Walking Assessment route has street segments with different features (such as a shared-use path versus a narrow sidewalk, an urban setting versus a suburban, or a six lane roadway versus a two lane, etc.) additional forms can be used. The use of additional form will allow the opportunity to document the varying condition of a route.

Before starting the Walking Assessment, complete the information about the date, time, weather conditions, etc. In addition, on the last page of the form, please list each team member's name. Each section of the form, except for the overall rating questions and the highlight section, should be filled out while conducting the walking assessment. When returning to the meeting location after the Walking Assessment, the team can discuss the overall ratings and the highlights of the corridor.

This tool was derived from the Walking Suitability Assessment Form developed by James Emery, MPH – UNC School of Public Health, Health Behavior and Health Education, the CDC-HAN Environmental Audit Tool, and the CDC Built Environment Assessment Tool.

Physical Condition / Disorder

In this section, questions are related to the material attributes of the corridor.

Social Condition / Disorder

In this section, questions are related to attributes of the corridor that account for the community.

Level of Walkability

This question is related to the extent the route was walking friendly.

Additional Comments & Observations

Please provide any additional information related to the corridor that you think is beneficial to document.

Highlights of Corridor

In this section please describe the overall top three strengths and weaknesses of the route or segment if you filled out multiple forms.

Please Remember Safety First!